

SPORTS PERFORMANCE NUTRITIONIST

Sri Lanka Cricket is recruiting a Sports Performance Nutritionist who will be responsible for the development and delivery of the sports performance nutrition strategy across the SLC National Performance Program.

Key Responsibilities

- Provide national contracted players with one to one nutrition assessment, develop and deliver individualized performance nutrition plan
- Ensure each team is adhering to best practice hydration monitoring practices around training sessions, match play and recovery
- Work in conjunction with the Lead Physiotherapist/Team Medical Lead when a player sustains an injury that impacts on training status to implement appropriate nutrition progression aligned to return to play program
- Work in partnership with the Physical Performance Manager to ensure the nutrition needs are complimenting training program so players are achieving targeted lean mass and body weight targets.
- Regular review and adjust as required the individual nutrition plans for national contracted players
- Develop and deliver coach and player education program targeting nutrition needs aligned to training, match play and recovery
- Coordinate anti-doping education programs across the SLC National Player Pathway in partnership with the Anti-Doping Representative of SLC to the ICC
- Assess and prepare individualized diet plans for players based on specific medical needs, liaise closely with the Medical Committee, and submit monthly reports
- Collaborate with the Consultant Medical Officer to assess and recommend supplements for players, ensuring they are not prohibited and are approved by relevant regulatory authorities
- Responsible for preparing meal menus for national and other teams during all domestic tournaments and international inbound and outbound tours

Preferred Qualifications and Experience

- Master's degree in Nutrition and Dietetics.
- Self-motivated with the ability to work independently or as part of a team
- Exceptional planning, coordination and organizational skills
- High level of interpersonal, written and verbal communication and influencing skills
- Good general IT skills
- Driver's License

General Information:

The Sports Performance Nutritionist position will often involve working over weekends, holidays and occasionally into late evenings. The job will also involve travel domestically and internationally. The person taking on this role needs to be aware of this and be able to meet these demands.

An attractive and negotiable remuneration package with other fringe benefits and excellent career prospects awaits the selected candidate.

All applications should be forwarded to **vacancies@srilankacricket.lk** along with the names of two non-related referees who are not employed by Sri Lanka Cricket, within 7 days from the date of this advertisement.

**Please mention the post applied for on the subject line of the email*

**Please ensure all employment criteria is met prior to applying*

**Canvassing in any form will be a definite disqualification*